



INFRARED





Experience in deep relaxation with infrared

The infrared sauna is a **unique experience** that differs from the traditional Finnish sauna experience, but has tremendous health effects. The infrared **improves** blood circulation and muscle recovery, cleans and softens your skin, reduces stress, detoxifies your body, aids in weight loss, and boosts your immune system. The temperature in an infrared sauna is lower than in traditional saunas, up to 55–70°C, because the infrared panels mainly heat the body, not the air.

Our infrared products use far infrared radiation (FIR), which helps warm up your muscles and causes more sweating even at low temperatures. An infrared sauna is a hassle-free option for sauna novices and veterans alike; it only takes 10–20 minutes to heat up, no floor drains are needed and installing plug-ins is a breeze. Depending on your heat tolerance, it is recommended that you use the infrared sauna between 15–25 minutes at a time and 3–4 times a week for optimal health benefits.

With our infrared line, you can embrace the gentle, yet impactful infrared wave therapy.

Our Infrared Sauna Rooms

Our standard infrared sauna rooms come in two sizes, either for one or two people. The far infrared panels do not heat the room as much as a traditional sauna because the majority of the heat is produced in your body.

- Session time: 1–60mins
- Packaging: Wooden crate
- Adjustable base support
- Modern LED lights (12W)
- Pre-installed exhaust fan (18W)
- 230V 1N~ plug-and-play installation
- Control: temperature, session time, lights, fan
- Fiber-coated far infrared panels (170W / panel)
- Sizes: 1-person sauna (1200 W) or 2-person sauna (1400 W)
- Material:  Cedar (D)

0809-IR CEDAR



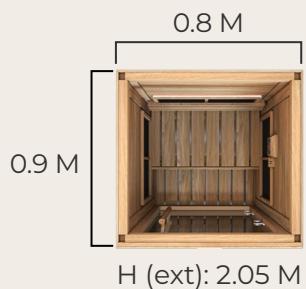
1-Person Infrared Sauna
Power: 1200 W
Item Code: 0809-IR-D

1111-IR CEDAR

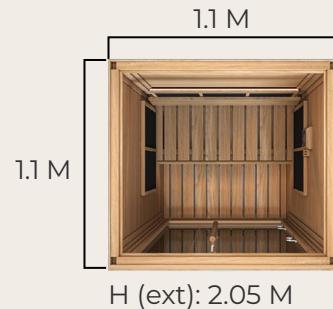


2-Person Infrared Sauna
Power: 1400 W
Item Code: 1111-IR-D

0809-IR-D TOP VIEW



1111-IR-D TOP VIEW



Infrared Panels

Our premium infrared panels are fiber-coated and can be used as single or double panels. The panels use far infrared radiation, which is an energy-efficient to produce heat.

- Surface material: Fiber coating
- Power: 220–230 VAC 1N~ 50/60 Hz Max 170 W
- Wavelength: 6,000–14,000 nm
- Single-panel dimension:
30mm (L) x 325mm (W) x 630mm (H)
- Double-panel dimension:
30mm (L) x 645mm (W) x 630mm (H)
- Triple-panel dimension:
30mm (L) x 960mm (W) x 630mm (H)

IR-PANEL-1-D: Single Panel



IR-PANEL-2-D: Double Panel



IR-PANEL-3-D: Triple Panel





User Interface
IR-UI-V2

INFRARED SAUNA CONTROL

Our infrared sauna control is designed specifically with convenience in mind. The control allows you to easily adjust the sauna temperature, session time, brightness, and ventilation level to your liking. You can choose between a separate interface and power controller or have a built-in control with both in one. In order to remotely control the sauna, you can connect the control to household automation systems.

- Light switch
- Fan control
- Temperature setting between 35–70 °C



Power Controller
IR-PC-V2

INTERFACE HOLDER

For easier installation



INN-IH23-PC



INN-IH23-A



INN-IH23-D

- Available for 2.0 controls including Innova Classic 2.0, Innova Stainless Touch 2.0, Saunova 2.0, STE/STN Classic 2.0, and IR Control 2.0
- Material: Pinaceae, Aspen, Cedar
- Dimension: 40mm (L) x 145mm (W) x 190mm (H)



Infrared 2.0 Built-In
IR-B-V2



INFRARED BACKREST

SAWO's infrared backrest is compact to take along everywhere! It generates far-infrared heat, which penetrates deeper into your body to soothe muscles, burn fats, detoxify, and relax the body. When not turned on, it enhances the sitting posture and keeps your back in better shape. Also, the headrest has an adjustable height.

- On/Off Switch
- AC Power Plug
- Strong Nylon Strap
- Adjustable Headrest
- Aspen or Cedar Wood



Wave-Shape Plug-N-Play IR Backrest
505-IR-CEDAR | ASPEN

ⓘ Recommended session time 15–25 mins, 3–4 times a week for best health benefits.

ⓘ If you're pregnant or have a medical condition, please consult your doctor before using the sauna.



SAuna WOrld

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